

2015 Toughest 10K Galveston Race Day Instructions

Welcome to the 2015 Toughest 10K Galveston hosted by Running Alliance Sport, and our generous sponsors! We thank you for your support!

Race Day: Saturday October 17, 2015

Race Start Time: 7:30 AM

Race Start Location: Start and Finish at the Galveston County Daily News (8522 Teichman Road, Galveston, Texas 77553).

SPECIAL PARKING NOTE: Unlike previous years, *there will be no parking at the Start/Finish*. See SATELLITE PARKING information below and use this provided parking, or park where you can (businesses may tow) except at the Start/Finish, that will be blocked off.

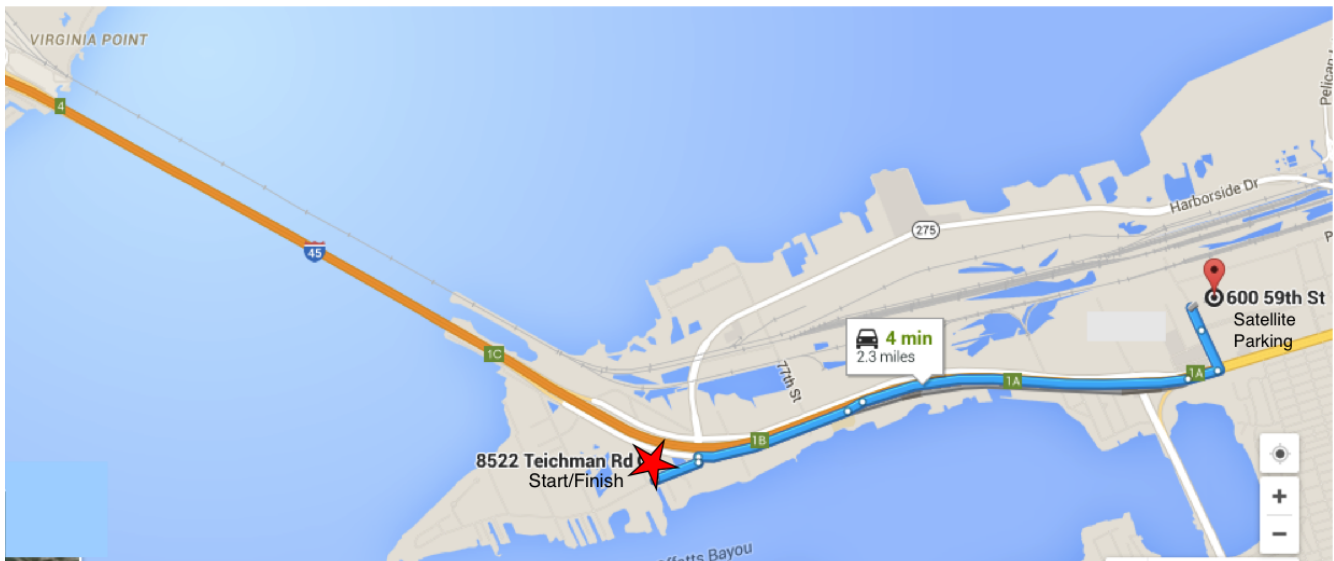
Satellite Parking: Galveston County District Clerk BLDG. 600 59th St. Galveston TX 77551

Shuttle Transportation: Shuttle transportation from the satellite parking lot will be available to transport runners (and family/supporters) to the start/finish line starting at 5:30 AM. Last shuttle leaves at 7:15 AM. Shuttle transportation back to the parking lot will be available after the race start (~7:45 AM).

Car pooling is highly suggested! Please allow yourself ample time to find a parking space and get to the race start area.

Driving Direction from Houston to Satellite Parking: Take I-45 South. Follow I-45 South onto State Highway 87 N. for 0.1 mile. Turn left onto 59th Street. Continue 0.2 miles to destination on right.

Note: If you are trying to drive to the start/finish line to access donor parking, the exit to Teichman Road/Harborside Drive will close at 6:45 AM.



Bag Drop: Bag drop is available next to packet pickup, at the Galveston Daily News

Race Timing System:

We will be using IPICO timing system. The timing tag will be distributed in your race packet with your bib. Do not forget the timing tag on race morning. You will need to wear it to receive an official finish time when you cross the finish line. If you forget your timing tag, you will need to pay \$10 to replace it. After the race, you do not need to return the tag. Instruction for attaching the timing tag is on the last page.

Packet Pickup and Race Day Registration: Race day packet pickup and race day registration (credit card accepted) are available starting at **6AM**. Race day registration is available as long as there are slots open. However, you will not be given a shirt until after the race if available.

Course description: Out and back, Start and Finish at the Galveston County Daily News, get on the causeway north bound (against traffic) exit Tiki Island, turn around, back same way.

Water Stations: Water stations will be on either side of the bridge (before and after the Causeway), but there will be no water stations *on* the bridge

Port-A-Johns: will be at Start/finish and all aid stations.

Bibs: All participants must wear their bib on the front in a way so that it can be seen by course officials. The bib is non-transferable. **No official finishing time will be awarded if someone else is wearing your bib.**

If you lose your bib or chip or you forget them at home there will be a \$10 charge to reissue you a new bib or chip.

Race Time Limit: 2 hours (strictly enforced)

Course Markers: Visible mile markers will be positioned along the course. Volunteer course monitors will be positioned to provide help and directions along the course.

Photography: Official race photographer will be on the course and at the finish.

Finish line:

Keep moving after you cross the finish line.

Once you finish you are not allowed back in the finish area.

You are not allowed to cross the finish line again with friends, family or running buddy.

Results will be posted at the onsite and also on the official website at www.toughest10kgalveston.org.

Finisher's medal will be awarded just outside the finish chute. **All finishers will receive a finisher's medal.**

Awards Ceremonies will start at 9:00 AM or when official results are available whichever is the later

Post-race Party: After you finish your event, stick around and cheer in your fellow runners and walkers and party in the park with us, there will be lots of food, fun, and entertainment for your enjoyment.

Race website: <http://www.toughest10kgalveston.org/>

Announcements and updates: <https://www.facebook.com/galvestontoughest10k>

Instructions on how to attach your IPICO Sport Tag to your shoe

If you do not wear your IPICO Sport Tag properly, you will not get an official finishing time.

NO TAG, NO TIME!

DO attach your Sport Tag firmly to the top of your shoe.

DO NOT put your Sport Tag in your pocket or wear on your arm during the race.

After the race, your Sport Tag is disposable. You can keep them as a souvenir.

Step 1

Thread the wire twist ties under the laces.



Step 2

Thread the IPICO Sports Tag onto the wire twist ties.



Step 3

Secure the IPICO Sports Tag by twisting the wire twist ties firmly together.

